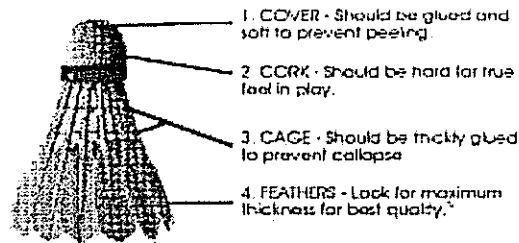




How do you tell a good shuttlecock from a bad one?



Study Guide(Badminton)

A. Rules for Badminton

1. During the serve, both server and receiver must stand in their respective courts
2. Server must stand behind service line; touching the line is a foot fault.
3. Serve must be an underhand stroke and the entire shuttle must be below the server's waist on contact
4. Team must be serving to score
5. If, on serve, the birdie touches the net and falls in the proper court, it shall be played over.
6. A bird touching the boundary line is good.
7. If two players on the same side of the net hit the birdie, it is a double hit and shall be considered a fault.
8. If players on the same side of the net swing and only one player hits the birdie, play shall continue.
9. If a birdie touches any part of a player it is a fault against that team.
10. A player may not touch the net with any part of his body, paddle or clothing
11. A server who misses the shuttle completely during the serve does not commit a fault.
12. A shuttle must cross the net completely before being contacted by the receiver

B. Serving

1. A coin toss or spin of the racket determines who will serve first.
2. The serve must travel diagonally (cross court) to be good.
3. A serve that touches the net and lands in the proper court is called a let serve and is reserved, otherwise, only one serve is permitted to each court until a side out occurs. A serve that is totally missed may be hit over.
4. The racket must make contact with the birdie below the waist on a serve.
5. The server and receiver shall stand within their respective service courts until the serve is made.
6. Points may only be scored when serving.
7. All lines are considered in bounds.